

YAMS Programme 1 Content.

The Young Adult Music Society (YAMS) programme is for people aged 13 to 23 years old, in the Taunton area. It provides an opportunity to grow musicianship, performance and live gigging skills.



How does it work:

- Bands perform with no audience and gain feedback on performance skills.
- Workshop 1 - learn how to get rid of performance nerves and stage fright.
 - learn how to engage with the audience.
 - learn how to manage the interludes between songs.
 - learn team dynamics of being in a band.
- Workshop 2 - learn how to feel confident on any stage.
 - learn how to gain rapport with any sized audience.
 - learn how to manage the timings of a set.
 - learn unconscious communication skills, Satir categories and stage anchors.
- Bands perform with no audience again so that these young adult musicians have evidence that they have learnt some stage craft.
 - Feedback from bands on how they felt on their second performance.
 - Adjust performing skills accordingly.
- 3rd Performance in front of a live audience. Audience pays to attend so band members learn about music as a business.

YAMS is for any young adult musician, playing any genre, who wants to grow their performance skills and confidence.

Costs - £15 per young adult for the entire programme.

Why should a band/artist sign up for this?

- 1) The support of CICCIC - part of a global network of performing arts centres.
- 2) The support and guidance of Reuben Knutt - 5 years' experience in event promoting and helping young musicians reach their potential.
- 3) The support and guidance of Jules Cooper, a professional performance coach and musician who has been gigging for 33 years.

First programme starts April 19th at 6pm at CICCIC.

You can register your interest for this by filling out the form at <http://www.creativeinnovationcentre.co.uk/yams-programme/>